



RÉFÉRENCES BIBLIOGRAPHIQUES

Points Trigger Myofasciaux

TECHNIQUES MANUELLES ET INSTRUMENTALES

Diagnostic et techniques de vascularisation, de détente et de libération tissulaire au niveau du point trigger et des structures fasciales associées.

DRY NEEDLING (puncture sèche)

Techniques mini invasives, qui traitent le point trigger à l'aide d'une aiguille d'acupuncture.

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